KERN COUNTY ELDER NEWS

Monthly Information Article | Kern County DEAR/EDRT TEAM*
*(Dependent/Elder Abuse Review) Team/EDRT (Elder Death Review Team)

MARCH 2025

MEALS ON WHEELS

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Designed and Managed By: Kern County District Attorney's Office - Victim Services Unit

Nutrition Program for Seniors

In March 1972, an amendment to the Older Americans Act of 1965 was signed which established a national nutrition program for seniors 60 years and older. Meals on Wheels America started its national March for Meals Campaign in the historic month of March in 2002, to recognize and raise awareness to Older Americans Nutrition Programs, and the increasing problem of hunger, food insecurity and social isolation. The nutrition driver is often the only outside contact the senior may have that day and helps to relieve isolation by providing a social interaction including a wellness check on the vulnerable seniors to whom we deliver.

MEALS on WHEELS AMERICA

TOGETHER, WE CAN DELIVER.

To submit a referral online: https://www.kerncounty.com/government/aging-adult-services/services/senior-nutrition/senior-nutrition-intake-form

Home Delivered Meals Criteria for Eligibility

- Must be 60 years of age.
- Frail, or have a medical condition whereby the task of preparing meals is difficult or could cause bodily harm to the senior (i.e. Parkinson's Disease, stroke, brain injury, and Dementia.)
- No assistance in the home from family or caregiver.
- Isolated/homebound, limited or no driving.
- Physician's recommendation is helpful, although not required. (Medically-tailored diets not provided.)

Agency Partners

- Bakersfield Police Department
- California Dept. of Financial Protection & Innovation
- California Dept. of Insurance
- CSUB
- Dept. of Social Services Licensing
- GBLA
- Independent Living Center
- of KC
- Kaiser Permanente
- Kern Co. Aging & Adult
- Kern Co. BHRS
- Kern Co. Coroner
- Kern Co. District Attorney
- Kern Co. DA Victim Services
- Kern Co. Family Law Facilitator
- Kern Co. Public Health
- Kern Regional Center
- Kern Co. Sheriff's Office
- Kern Co. Veterans Service Dept.
- Social Security Admin.
- Strata Credit Union

Acceptance Into the Home Delivered Meals Program is Based on Availability

All referrals made must include the following information:

- Name of Senior
- Date of Birth
- Address of residence, including zip code
- Contact phone number
- Currently receiving IHSS, if yes, name provider
- Medical conditions
- **If you have any questions or need help completing the intake form, please call 661-868-7056**

In addition to our traditional daily home delivered hot meals, Revolution Foods has been contracted as an extension of our Senior Nutrition Program for Home Delivered Meals. Revolution Foods delivers one box weekly that contains 5 frozen meals, that can be placed in the microwave, along with milk and fresh fruit. Each of these meals is prepared with fresh, high-quality ingredients and designed by their in-house Chef and Nutrition Team. Revolution Foods has helped us to reach more seniors in the outlying areas of Kern County including:

- Arvin
- Bakersfield
- Bodfish
- Boron
- Buttermilk
- Acres
- Buttonwillow
- California City
- Frazier Park
- Inyokern
- Kernville
- Lake Isabella
- Lamont
- Lebec
- Maricopa
- McFarland
- Mojave
- Mount Mesa
- North
- Edwards
- Onyx
- Pine Mtn. Club
- Ridgecrest
- Rosamond
- Shafter
- Southlake
- Taft
- Tehachapi
- Wasco
- Weldon
- Wofford Heights

REVOLUTION FOODS®
healthy meals for all

Suggested contribution for meals is $3.00; however, no eligible participant will be denied service because of a failure or inability to contribute.
Additional information is available at www.co.kern.ca.us/aas.